

LCF Trails Game Instructions and Rules

The LCF Trails Game is designed to motivate all ages to use the trails for fun, mental and physical health. The LCF Trails Game is only played on trails belonging to the LCF trail system.

NOTE: Disclaimer and Waiver: *All of the activities involved in the LCF Trails Game are activities of the types normally done on the public trails in La Cañada Flintridge. All activities are designed to be done individually or in family groups in compliance with Covid rules. Participants should comply with all trail and health rules while using the trails. The La Cañada Flintridge Trails Council and the Kiwanis Club of La Cañada Flintridge assume no risk for the accuracy of the maps found on the website or printed version nor for the condition of any trail or recreational facility. Neither the Trails Council nor Kiwanis Club shall be held liable for any damage, loss or liability arising from your participation in the activities in the game nor for the use of the maps, website, social media postings or the trails themselves by any person or animal. Neither the Trails Council nor Kiwanis Club make any representation or warranty as to the maps' accuracy. Users of the trails are solely responsible for the risk they encounter and their own health and safety.*

Consent to Photography and Publicity. *With respect to any photographs which a participant voluntarily posts on the Trails Council website, Facebook or Instagram, you understand and consent to those photographs of you and your children or dependents being public and used by the Trails Council or Kiwanis for publicity. If you do not consent, then do not upload pictures to the Trails Council website, Facebook or Instagram and instead email your photos which are part of this game to info@lcftrails.org.*

GENERAL INSTRUCTIONS AND RULES

1. All of the information and rules for the LCF Trails Game can be found on the La Cañada Flintridge Trails Council website at www.lcftrails.org.
2. You can see all of the activities which will earn you points by going to the home page of www.lcftrails.org and clicking on the link "Click here to see the game activities".
3. The trails game will take place from April 1 through April 30, 2021.
4. Beginning on April 1, you can begin registering and reporting your points-earning activities by using the form found on the home page of www.lcftrails.org and clicking on the link "Click here to sign up and report progress". Fill out the form and click on "Submit".
5. Use the same name on the form each time you submit the form so that your points can be accumulated.
6. You can report your points-earning activities daily as you accomplish them or you can accumulate your activities and report them several at a time. You should report your progress by midnight of Fridays April 9, 16, 23 and 30 in order for you to compete for the weekly prizes.
7. You can complete as many different activities on the list as you choose. But you can only be awarded points once per week for each activity (unless otherwise noted on the submission form).
8. If you hike a trail with your family and others want to accumulate points, each family member claiming points must fill out a separate form.
9. Weekly prizes will be awarded based on total point earned and reported through the end of the day on Friday April 9, 16, 23 and 30. The weekly prizes will be based on the points earned and reported from midnight of the prior Friday to midnight of the next Friday (except the first week will run from April 1 to midnight April 9).

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10. The grand prizes will be awarded based on total points earned and reported for the entire period from April 1 through midnight April 30.
11. The prizes can be seen by going to the home page of www.lcftrails.org and clicking on the link "Click here for a list of prizes".
12. Prizes will be awarded within 5 business days.
13. An individual may win only one weekly prize out of the 12 available but is still eligible to win a Grand Prize.
14. For those points-earning activities which request photo verification, submit the verification photo to one (or all) of 3 places: (a) Instagram using one of the hashtags found on the home page of www.lcftrails.org and clicking on the link "Click here for a list of hashtags to post a photo to Instagram" or use the default hashtag "#LCFTrails" or (b) on Facebook @Lcftrails or search Facebook for "La Canada Flintridge Trails Council" or (c) email your photo to info@lcftrails.org and the photos will not be used publicly. All photos become the property of the La Cañada Flintridge Trails Council and the Kiwanis Club of La Cañada Flintridge.
15. The first 100 registrants will be awarded a free DVD "The Trails of La Cañada" (currently sold on Amazon for \$15.96) and free trail map (currently sold at LCF locations for \$2.00). These can be picked up at the 76 Gas Station at Foothill and Alta Canyon Blvd. (1540 Foothill Blvd La Cañada Flintridge, CA 91011)
16. Participants do not need to be La Cañada Flintridge residents to play the LCF Trails Game.
17. Contact info@lcftrails.org if you have any questions.
18. LCF Trails Game committee members will randomly survey participants and review photos to verify the accuracy of the forms submitted.
19. Any disputes about the LCF Trails Game will be settled by a majority vote of the LCF Trails Game Committee.
20. By choosing to participate in the LCF Trails Game, participants give permission for their names to be listed in the local newspapers/social media for publicity.
21. Play honestly and only claim points for activities you have completed.
22. COVID restrictions must be followed at all times. Maintain social distance and use masks as required.
23. Trivia and photo spot clues are posted on Friday night for the week beginning Saturday. Points can only be earned in the week connected to that clue.
24. Demonstrate good judgment and sportsmanship as you participate. Good luck!

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INDIVIDUAL ACTIVITY RULES

1. Hiking and Equestrian Challenges

- a. The individual trail segments are shown on the website at www.lcftrails.org
- b. Go to the drop down menu entitled “Trails” or click on the segment from the “Select a Trail” list on the right side of the home page
- c. The location of the trail segment is shown on a Google Map aerial view along with a description of the segment.
- d. Start anywhere (on loops) or one end of the segment and walk or ride your horse over the entire segment. The points for the segments are weighted to reflect difficulty.
- e. Take a selfie or landscape photo along the way and post it as indicated in #14 above.
- f. Record your points using the form found on the home page of www.lcftrails.org and clicking on the link “Click here to sign up and report progress”.
- g. Each challenge can be completed once per week.

2. Mountain Biking Challenges

- a. Four specially selected uphill challenges are identified on the input form and the home page of www.lcftrails.org by clicking on the link “Click here to see the game activities”.
- b. Take a selfie or landscape photo along the way and post it as indicated in #14 above.
- c. Mountain bikers must use Strava to record their trip.
- d. Record your points using the form found on the home page of www.lcftrails.org and clicking on the link “Click here to sign up and report progress”.
- e. Each challenge can be completed once per week.

3. Online and Trivia Challenges

- a. During each of the 4 weeks of the LCF Trails Game, a Mystery Location will be posted on the Trails Council Facebook page [@Lcftrails or search Facebook for “La Canada Flintridge Trails Council”]
- b. Take a selfie at the Mystery location and post or email it as outlined in #14 above.
- c. During each of the 4 weeks of the LCF Trails Game, a trails related trivia question will be posted on the Trails Council Facebook page [@Lcftrails or search Facebook for “La Canada Flintridge Trails Council”]
- d. Email your answer to info@lcftrails.org
- e. You will receive a response indicating if your answer was correct. If it was, claim your points!
- f. The other points-earning activities are described on the input form and the home page of www.lcftrails.org by clicking on the link “Click here to see the game activities”.

4. Bonus Points

- a. We encourage you to bring another family member(s) on your hikes or rides (but only from your own family or otherwise in compliance with Covid rules).
- b. Each time you are on a hiking or equestrian challenge for which you can earn points for yourself, bring a family member and then claim your bonus points.
- c. If you see trash on any of the trails, take a photograph of the trash and of you properly disposing of it and post or email the photo(s) per #14 above. Claim your bonus points!
- d. If you see animal droppings on any of the trails, take a photograph of you properly disposing of it and post or email the photo(s) per #14 above. Claim your bonus points!

Most of all, have fun and enjoy your time on the trails!